



Hello Everyone:

Christ United Methodist Church is starting a new, no fee ministry: Friends Gathering Respite Care.

This ministry is designed to provide an interval of rest or relief to a primary caregiver of a loved one who has been diagnosed with dementia or other debilitating disease. A regularly scheduled respite can ease the strain on caregivers and benefit persons with the disease by allowing them to socialize, exercise, and receive mental stimulation.

Friends Gathering will meet the first and third Thursdays of each month in the youth room of the Annex building at CUMC from 10:00 am – 1:00 pm. We will have a devotion, signing, fun facts, chair exercise and physical activities, entertainment, games, and lunch.

We would appreciate your letting your congregation know about this ministry. One sign-up form is included. Forms may also be gotten from the CUMC web site under Care.

We plan to hold our first meeting Thursday, Feb. 1. Thanks so much. If you have any questions, please feel free to contact

Anne Boyle, 979-690-0782, amboyle1951@gmail.com

Claire Cook, 979-204-6332, wausteclair@verizon.net

Rev. Judy Draper, 979-690-0636, jdraper@suddenlink.net

Phone: 979-690-HOPE (4673) * Church: 4201 State Highway 6, South * College Station, Texas 77845

- Fax: 979-690-6098—email TommyMyrick@christ-umc.org